

## Wushu Coach

### Introducing Shenghui Cao (William)

Coach Cao is one of the main coaches teaching Martial Arts at Fanghua Kungfu Center, formerly from Jiangsu Martial Arts School, he graduated from the China Wuhan Martial Arts School. He received gold medals in the Singapore Traditional Martial Arts Competition for Tai Chi and Xingyi Quan, and came first in the Chinese National Martial Arts Competition for Nanquan. Cao has a wealth of coaching experience, gained from coaching in many martial arts schools around China. He also received Grade Five in Chinese Martial Arts, as well as becoming a Chinese Martial Arts Grade Assessor.

### Fanghua Kungfu Center

Fanghua Kungfu Center is a school for teaching children and adults in traditional Martial Arts, Sanda(kickboxing), and Taichi.

Fanghua Kungfu Centre was established in Christchurch on 15th Jan 2012.

Vice President of the International Wushu Federation Mr Glen Keith attended the opening ceremony and congratulated the establishment of Fanghua Kung Fu school. He said that Fanghua Kung Fu is the first school in New Zealand to teach traditional Chinese Shaolin Kung Fu (Wu Shu).

After a year of rapid development, the school currently has 150 students: 70% of which are Chinese students, the remaining 30% made up of students from other ethnicities. The school has taken an active part in various community activities and helps to promote cultural exchange.

In May 2011, Kevin and Patrick represented New Zealand in the Oceanic Martial Arts Competition which they received 3 gold medals each for their outstanding performance.

In 6th November 2012, the students of Fanghua Kungfu School represented New Zealand in the 5th World Wushu Championships, and Kevin received the bronze medal.

Fanghua Kung Fu was also invited by the Minister of Ethic Affairs to perform in the Banquet Hall, Wellington during Chinese New Year Celebration, Which received praise from Prime Minister John Key.

### Classes

At Fanghua Kungfu Center, we are currently teaching these classes, but we are in the process of bring out new classes include Grapple and Tackle class, Happy Martial Arts Parenting class and many more will come in the future.

Tuesday: 7: 00pm Adult Martial Arts  
Saturday: 10: 30am Adult Kickboxing  
2: 00pm 7 years old and above Martial Arts  
3: 00pm 4-7 years old Martial Arts  
Sunday: 2: 00pm 7 years old and above Martial Arts  
3: 00pm 4-7 years old Martial Arts

### Contact

Fanghua Kungfu Center Office is located at 14a Shaftesbury Street, Avonhead, Christchurch.

Tel: 03 3574623

Mobile: 021 770987

Email: [info@fanghua.co.nz](mailto:info@fanghua.co.nz)

Website: [www.fanghua.co.nz](http://www.fanghua.co.nz)

Facebook: <https://www.facebook.com/quoshu.fanghua>