

## Wellington Tai Chi Instructors and Clubs<sup>1</sup>

### Wellington Yang Style Tai Chi Club

Classes in the Hutt and in Wellington

**Instructor:** John Young

Yang Style Tai Chi Chuan

Ph: 576-4018 or 021-1388603

### Southern Tai Chi Association

Classes in the Kapiti Coast Area

**Instructor:** Leslie Kentfield

Yang Style Long Form Tai Chi Chuan and Qi Gong

Ph: 04-905-6679 or [leslie.kentfield@gmail.com](mailto:leslie.kentfield@gmail.com)

### Plimmerton Kung-Fu and Tai Chi Club

Classes at Plimmerton School Hall - School Road Plimmerton

**Instructor:** Glen Keith

Shaolin Fut-Gar Gung-Fu - Mon 8.00pm-9.30pm

Traditional Yang Taijiquan - Sat 10.00am-11.00am

Ph: 027-249-3298 or [voyager@slingshot.co.nz](mailto:voyager@slingshot.co.nz)

### Fierce Tiger Tai Ji Quan

Classes for beginners at Newtown Community Hall, 11am to 12.30

**Instructors:** David Mackenzie and Ferne McKenzie

Certified to teach Tai Chi for Falls Prevention, Arthritis and Diabetes.

Ph: 389-1433 or [david.ferne@xtra.co.nz](mailto:david.ferne@xtra.co.nz) [ferne.david@xtra.co.nz](mailto:ferne.david@xtra.co.nz)

### Qi Gong Tai Chi Chuan, Wellington

Classes in Karori, NaeNae, Kilbirnie, Upper Hutt

**Instructor:** Ray Poy

Ph: 938-6082 or [raymondpoy@clear.net.nz](mailto:raymondpoy@clear.net.nz)

### Tai Chi Chuan Ponoke

**Certified Instructors:** for Tai Chi for Falls Prevention, Arthritis and Diabetes.

Other forms are also taught by some Instructors.

Marie Turner	Wilton/Karori/City	472-1918	marie.turner@xtra.co.nz
Ann O'Leary	Kilbirnie	976-2927	Ann.O'leary@ccdhb.org.nz
Carol Reddie	Hutt Valley	920-1477	carol@kokiri-hauora.org.nz
Jane Rees	Hutt Valley	577-1044	c.j.rees@xtra.co.nz
Geoff Neill	Porirua	233-0217	gneill@clear.net.nz
Andy Hardwick	Kilbirnie	388-8818 021-1532508	andrewhardwickhypnotherapy@yahoo.co.nz

### Enliven

Classes are held throughout the region

**Certified Instructors**

Tai Chi for Falls Prevention, Arthritis and Diabetes.

Ph 04-439-4967 or [taichi@psc.org.nz](mailto:taichi@psc.org.nz)

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<sup>1</sup> The above only includes those instructors and clubs who officially registered to perform on the day. There are numerous other instructors and clubs in the Wellington area. The NZ Kung-Fu Wushu Federation will publish its full membership list in due course, many of whom teach Tai Chi and Qi-Gong. The use of the term 'Certified Instructors' as detailed above does not relate to any Certification awarded by the New Zealand Kung-Fu Wushu Federation.